

... they'll get stronger. They'll feel more connected to their community and each other. They'll swim, kick, coach and love. They'll develop more energy for the small stuff and more flexibility for life's bigger challenges. Because they know: families that play together, stay together.

The Y. Encouraging family play for 160 years!

Hurry... Join in February and save up to \$99.

## **CONVENIENT CUMMING LOCATION!**

## **FORSYTH FAMILY YMCA**

6050 Y Street • Cumming, GA. 30040 678-341-6245













- Save up to \$99 (for a limited time)
- No contracts of any length
- UPGRADED swim lesson program
- REDUCED pricing on youth sports, camps and more
- FREE group exercise classes
- FREE childcare while you workout
- FREE personal coaching

- FREE new weight management
- Diabetes prevention programs
- Access to all 18 Metro Atlanta Y locations
- Financial assistance available
- Save up to 20% by referring a friend. Refer a friend to the Y, and share lower monthly dues while promoting youth development, healthy living and social responsibility.

Join the Y today in person or online at: ymcaatlanta.org.